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2023

FAMILY TRAINING SERIES

USING PLAY AND FAMILY THERAPY TO HELP FAMILIES IMPACTED BY SUBSTANCE MISUSE

The purpose of this presentation is to provide area licensed behavioral health providers and MS degree in counseling and above with evidence-based play-based techniques to treat families impacted by substance misuse. Too often, play-based treatment interventions may not address the family unit, focusing on children and adolescents only, with the provision of insufficient education for parents. This presentation aims to support clinicians in treating and promoting healing for the family as a unit. Ethics of cultural appropriateness in play-based treatment will be addressed to promote competency (ACA, 2014).

Program Goals:

- 1) To increase awareness of the need for mental health treatment for families impacted by substance misuse.
- 2) To support the use of the evidence-based practice of play-based treatment techniques as a therapeutic intervention in family therapy for families affected by substance misuse.

OBJECTIVES

Upon successful completion of this presentation, participants will be able to:

- 1) Discuss the challenges of families affected by substance abuse;
- 2) Demonstrate 3 play-based counseling techniques for working with children and adolescents affected by substance abuse within the family system;
- 3) Demonstrate 3 play-based family counseling interventions when working with families affected by substance abuse;
- 4) Identify 2 strategies in everyday work to advocate for accessible mental health programs to reach and treat children.

AGENDA

- 6:00 Welcoming Remarks. Introductions. Overview of presentation.
- 6:30 Challenges faced by families affected by substance use
- 7:30 Cultural and ethical considerations when using play-based treatment
- 8:15 Experiential play-based techniques for the family as a unit
- 8:45 Q & A

Cancellation/Refunds granted one week prior to event.

APT Approved Provider 12-329



TAUGHT BY:
DONNA HENRY, LPCS, RPTS, NCC AND EMILY WAGNER, LPC, NCC, CDCII;



DATE/TIME:
4/20/23
6:00PM-9:00PM



3 CONTINUING EDUCATION* HOURS
3 RPT HOURS



LOCATION:
THE NAVE
3502 SPENARD
OR
ON ZOOM



REGISTRATION:
AKAPT.ORG
UNDER TRAINING & EVENTS



QUESTIONS?
EMAIL
MAIL@AKAPT.ORG

*CEs pending state approval