Level One Theraplay & MIM

June 6-9, 2023
Anchorage, AK

THE Theraplay® INSTITUTE

What is Theraplay?

Theraplay is a short-term, therapist-guided dyadic psychotherapy that focuses on parent-child relationships and has been accepted by SAMHSA as an evidence-based practice. It:

- Enhances attachment, self-esteem, and trust in others through joyful engagement
- Elicits cooperation and improves behavior issues in children through positive connection
- Creates an active and empathic connection between child and parents
- Focuses on four essential qualities found in parent-child relationships: structure, engagement, nurture and challenge
- Results in changed view of the self as worthy and lovable, and of relationships as positive

How does Theraplay Differ from Other Kinds of Child Therapy?

- It directly involves the parents or caregivers in change
- It is active, interpersonal, and fun
- Progress can be made quickly
- It focuses on strengthening the parent-child relationship
- It focuses on the "here and now"
- It can be used with young children or children with developmental delays
- The "Theraplay Way" flows easily from clinical setting to home
- Theraplay is appropriate for all ages - infancy through adolescence

Learning Objectives include:

- Administer and analyze the MIM
- Utilize the MIM as a guide for treatment planning
- Describe the four dimensions of Theraplay and demonstrate one activity from each dimension
- Describe ways to adapt Theraplay treatment to meet the needs of a child with complex trauma

Who Should Attend?

Psychologists, Psychiatrists, Social Workers, Clinical Counselors, Marriage and Family Therapists, School Counselors, Play Therapists, Infant Mental Health Professionals, Special Education Teachers, and others...

BP Energy Center
(Spruce/Willow Room)
1014 Energy CT
Anchorage, AK 99508

Trainer: Andrea Bushala, M.S.W., L.C.S.W., R.P.T.

Training fee includes up to 25 CE hours (for those who qualify)

Register online at theraplay.org or contact us at 847-256-7334 or info@theraplay.org