AKAPT Presents: 2024 Spring Series

4 PART ONLINE SERIES:

- CHILD-CENTERED PLAY THERAPY ESSENTIALS: AN INTRODUCTORY COURSE
- NEURODIVERSITY AND NEUROAFFIRMING PLAY THERAPY: EMBRACING DIFFERENCES FOR EFFECTIVE THERAPEUTIC PRACTICE
- EXPLORING THEORETICAL MODELS AND BEST PRACTICES IN PLAY THERAPY
- CHILD DEVELOPMENT AND TRAUMA-INFORMED PRACTICE IN PLAY THERAPY

SESSION 1~FEBRUARY 2ND CHILD-CENTERED PLAY THERAPY ESSENTIALS: AN INTRODUCTORY COURSE

Course Description:

This course offers a comprehensive introduction to the field of child-centered play therapy, an evidence-based practice for working with children. Through a combination of lectures, PowerPoint presentations, videos, and experiential activities, students will gain knowledge and develop competencies for utilizing child-centered play therapy as a therapeutic intervention for children and families. The course focuses on the philosophical foundations of child-centered play therapy, including the history of this approach, child-centered theoretical frameworks, various theoretical applications, and best practices as guided by the Association for Play Therapy. Participants will become proficient in child-centered play therapy microskills, understand the purpose and goals of this approach, explore therapeutic stages and themes, address ethical considerations, examine multicultural implications, and delve into developmental and neurological aspects. Additionally, the course will focus on treatment planning in child-centered play therapy, including setting treatment goals and assessing progress, with applications across different populations and therapeutic contexts.

SESSION 2~MARCH 1ST NEURODIVERSITY AND NEUROAFFIRMING PLAY THERAPY: EMBRACING DIFFERENCES FOR EFFECTIVE THERAPEUTIC PRACTICE

COURSE DESCRIPTION:

This 3-hour course is designed to empower play therapists with the knowledge and skills needed to provide effective and inclusive therapy for neurodivergent children. Neurodiversity, the idea that neurological differences are a natural and valuable part of human diversity, is central to this course. Participants will explore the principles of neuroaffirming play therapy, which emphasizes creating a safe, accepting, and individualized therapeutic environment to support the unique needs and strengths of neurodivergent clients.



TAUGHT BY:

CARY M. HAMILTON LMHC-S, NCC, CMHS, RPT-S™, CDWF

DATES:

SESSION 1: FEBRUARY 2 SESSION 2: MARCH 1 SESSION 3: APRIL 12 SESSION 4: MAY 17

TIME: 9:30AM-12:30AM AKST

3* ALASKA CE HOURS/3* APT CE HOURS

*PER COURSE 12 TOTAL HOURS

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LOCATION:

LIVE ONLINE



REGISTRATION: **AKAPT.ORG** UNDER TRAINING & EVENTS



SESSION 3~APRIL 12 EXPLORING THEORETICAL MODELS AND BEST PRACTICES IN PLAY THERAPY

COURSE DESCRIPTION:

This 3-hour lecture is designed to help play therapists deepen their understanding of theoretical models in play therapy and explore best practices in the field. Participants will identify their personal theoretical models of play therapy, differentiate the stages within the play therapy process from their chosen theoretical lens, and analyze the therapeutic powers of play in practice scenarios. Additionally, the course will address diversity issues and their impact on the play therapy process, as well as the best practices recommended by the Association for Play Therapy, including the use of touch in play therapy.





TIME: 9:30AM-12:30AM AKST



SESSION 4~MAY 17 CHILD DEVELOPMENT AND TRAUMA-INFORMED PRACTICE IN PLAY THERAPY



LOCATION:

LIVE ONLINE

COURSE DESCRIPTION:
THIS 3-HOUR LECTURE IS DESIGNED TO ENHANCE THE KNOWLEDGE AND SKILLS OF PLAY THERAPISTS IN UNDERSTANDING CHILD DEVELOPMENT AND APPLYING TRAUMA-INFORMED PRACTICES IN THEIR WORK. PARTICIPANTS WILL EXPLORE THE INTRICACIES OF CHILD DEVELOPMENT, GAIN INSIGHTS INTO THE EFFECTS OF TRAUMA ON CHILDREN, AND LEARN HOW TO INTEGRATE TRAUMA-INFORMED APPROACHES INTO PLAY THERAPY SESSIONS. THE COURSE AIMS TO EMPOWER THERAPISTS TO PROVIDE COMPASSIONATE AND EFFECTIVE SUPPORT TO CHILDREN WHO HAVE EXPERIENCED TRAUMA, TAKING INTO ACCOUNT THEIR DEVELOPMENTAL NEEDS AND CHALLENGES.



3* ALASKA CE HOURS

3* APT CE HOURS

*PER COURSE





APT Approved Provider 12-329

Cancellation/Refunds granted one week prior to event.