

AKAPT Presents: 2024 Spring Series



SESSION 2~MARCH 1ST

NEURODIVERSITY AND NEUROAFFIRMING PLAY THERAPY: EMBRACING DIFFERENCES FOR EFFECTIVE THERAPEUTIC PRACTICE

APT Approved Provider 12-329

COURSE DESCRIPTION:

This 3-hour course is designed to empower play therapists with the knowledge and skills needed to provide effective and inclusive therapy for neurodivergent children. Neurodiversity, the idea that neurological differences are a natural and valuable part of human diversity, is central to this course. Participants will explore the principles of neuroaffirming play therapy, which emphasizes creating a safe, accepting, and individualized therapeutic environment to support the unique needs and strengths of neurodivergent clients.

LEARNING OBJECTIVES:

BY THE END OF THIS COURSE, PLAY THERAPISTS WILL BE ABLE TO:

1. DEFINE NEURODIVERSITY AND EXPLAIN ITS SIGNIFICANCE IN THE CONTEXT OF PLAY THERAPY.
2. IDENTIFY THE PRINCIPLES OF NEUROAFFIRMING PLAY THERAPY AND UNDERSTAND ITS POTENTIAL BENEFITS FOR NEURODIVERGENT CLIENTS.
3. RECOGNIZE COMMON CHALLENGES FACED BY NEURODIVERGENT CHILDREN IN THERAPEUTIC SETTINGS AND DEVELOP STRATEGIES TO ADDRESS THEM.
4. APPLY NEUROAFFIRMING TECHNIQUES AND ADAPTATIONS TO ENHANCE THE EFFECTIVENESS OF PLAY THERAPY WITH NEURODIVERGENT CLIENTS.

COURSE OUTLINE:

- I. INTRODUCTION TO NEURODIVERSITY (20 MINUTES)
- II. UNDERSTANDING NEURODIVERGENT CLIENTS (30 MINUTES)
- III. PRINCIPLES OF NEUROAFFIRMING PLAY THERAPY (30 MINUTES)
- IV. ADAPTING PLAY THERAPY TECHNIQUES (40 MINUTES)
- V. CASE STUDIES AND PRACTICAL APPLICATIONS (40 MINUTES)
- VI. ETHICAL CONSIDERATIONS (20 MINUTES)
- VII. Q&A AND GROUP DISCUSSION (20 MINUTES)
- VIII. CONCLUSION AND CLOSING REMARKS (10 MINUTES)



TAUGHT BY:

CARY M. HAMILTON
LMHC-S, NCC, CMHS,
RPT-S™, CDWF



DATE:

SESSION 1: MARCH 1ST

TIME:

9:30AM-12:30AM AKST



**3* ALASKA CE
HOURS/3*
APT CE
HOURS**



LOCATION:

LIVE ONLINE



REGISTRATION:
AKAPT.ORG
UNDER TRAINING
& EVENTS

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Cancellation/Refunds granted one week prior to event.