

AKAPT Presents: 2024 Spring Series



SESSION 4~MAY 17 CHILD DEVELOPMENT AND TRAUMA-INFORMED PRACTICE IN PLAY THERAPY

APT Approved Provider 12-329

COURSE DESCRIPTION:

THIS 3-HOUR LECTURE IS DESIGNED TO ENHANCE THE KNOWLEDGE AND SKILLS OF PLAY THERAPISTS IN UNDERSTANDING CHILD DEVELOPMENT AND APPLYING TRAUMA-INFORMED PRACTICES IN THEIR WORK. PARTICIPANTS WILL EXPLORE THE INTRICACIES OF CHILD DEVELOPMENT, GAIN INSIGHTS INTO THE EFFECTS OF TRAUMA ON CHILDREN, AND LEARN HOW TO INTEGRATE TRAUMA-INFORMED APPROACHES INTO PLAY THERAPY SESSIONS. THE COURSE AIMS TO EMPOWER THERAPISTS TO PROVIDE COMPASSIONATE AND EFFECTIVE SUPPORT TO CHILDREN WHO HAVE EXPERIENCED TRAUMA, TAKING INTO ACCOUNT THEIR DEVELOPMENTAL NEEDS AND CHALLENGES.

LEARNING OBJECTIVES:

BY THE END OF THIS COURSE, PLAY THERAPISTS WILL BE ABLE TO:

1. UNDERSTAND KEY CONCEPTS OF CHILD DEVELOPMENT AND ITS RELEVANCE TO PLAY THERAPY PRACTICE.
2. RECOGNIZE THE IMPACT OF TRAUMA ON CHILDREN'S DEVELOPMENT AND BEHAVIOR.
3. IDENTIFY TRAUMA-INFORMED PRINCIPLES AND STRATEGIES FOR CREATING A SAFE AND HEALING ENVIRONMENT IN PLAY THERAPY.
4. APPLY TRAUMA-INFORMED PLAY THERAPY TECHNIQUES TO SUPPORT CHILDREN IN PROCESSING AND HEALING FROM TRAUMATIC EXPERIENCES.

COURSE OUTLINE:

- I. INTRODUCTION TO CHILD DEVELOPMENT (30 MINUTES)
- II. THE EFFECTS OF TRAUMA ON CHILD DEVELOPMENT (30 MINUTES)
- III. TRAUMA-INFORMED PRINCIPLES IN PLAY THERAPY (30 MINUTES)
- IV. TRAUMA-INFORMED PLAY THERAPY TECHNIQUES (40 MINUTES)
- V. CASE STUDIES AND PRACTICAL APPLICATIONS (40 MINUTES)
- VI. ETHICAL CONSIDERATIONS (20 MINUTES)
- VII. Q&A AND GROUP DISCUSSION (20 MINUTES)
- VIII. CONCLUSION AND CLOSING REMARKS (10 MINUTES)



TAUGHT BY:

CARY M. HAMILTON
LMHC-S, NCC, CMHS,
RPT-S™, CDWF



DATE:

SESSION 1: MAY 17TH

TIME:

9:30AM-12:30AM AKST



**3* ALASKA CE
HOURS/3*
APT CE
HOURS**



LOCATION:

LIVE ONLINE



REGISTRATION:
AKAPT.ORG
UNDER TRAINING
& EVENTS

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Cancellation/Refunds granted one week prior to event.