

AKAPT's presents:

SOUNDS LIKE FUN! ADVENTURE BASED PLAY THERAPY WITH CLIENTS OF ALL AGES



TAUGHT BY:
DR. JEFF ASHBY



DR. JEFF ASHBY IS A PROFESSOR IN THE DEPARTMENT OF COUNSELING AND PSYCHOLOGICAL SERVICES AT GEORGIA STATE UNIVERSITY. HE IS THE DIRECTOR OF THE GEORGIA STATE PLAY THERAPY TRAINING INSTITUTE, A LICENSED PSYCHOLOGIST, AND A REGISTERED PLAY THERAPIST SUPERVISOR. IN ADDITION, HE IS THE CO-DIRECTOR OF GEORGIA STATE'S CENTER FOR THE STUDY OF STRESS, TRAUMA, AND RESILIENCE AND A DIPLOMATE OF THE AMERICAN BOARD OF PROFESSIONAL PSYCHOLOGY. JEFF HAS AUTHORED OVER 120 PROFESSIONAL JOURNAL ARTICLES, NUMEROUS BOOK CHAPTERS, THREE BOOKS, AND REGULARLY PRESENTS AT PROFESSIONAL CONFERENCES. HE HAS TAUGHT AND LED ADVENTURE THERAPY NATIONALLY AND INTERNATIONALLY AND IS A FACILITATOR FOR NORTH CAROLINA OUTWARD BOUND. JEFF LIVES IN ATLANTA WITH HIS WIFE AND DOG ZOEY, WITH OCCASIONAL VISITS FROM HIS FOUR ADULT CHILDREN (A CONSTANT ADVENTURE).



**12 CE
HOURS**



LOCATION:

**BP ENERGY
CENTER- BIRCH
ROOM**



REGISTRATION:
AKAPT.ORG UNDER
TRAINING & EVENTS



DATE/TIME:
SEPT 19 & 20TH
2024

9-4:30PM
AKST

**OBJECTIVES:
AFTER THE SESSION, PARTICIPANTS WILL BE ABLE TO:**

- 1) DESCRIBE A MODEL OF ADVENTURE PLAY THERAPY.
- 2) IDENTIFY ADLERIAN THEORETICAL CONSTRUCTS (SUCH AS CRUCIAL CS, PERSONALITY PRIORITIES, AND GOALS OF MISBEHAVIOR) TO CONCEPTUALIZE CLIENTS AND PLAN ADVENTURE THERAPY INTERVENTIONS.
- 3) IDENTIFY ADLERIAN THEORETICAL CONSTRUCTS TO ADVENTURE THERAPY INTERVENTIONS.
- 4) EXPLAIN HOW TO SELECT AND SEQUENCE ADVENTURE PLAY ACTIVITIES.
- 5) EXPLAIN HOW TO LEAD AND PROCESS ADVENTURE PLAY ACTIVITIES.
- 6) SELECT AND UTILIZE ADVENTURE PLAY THERAPY TECHNIQUES TO INCREASE CLIENTS' ABILITY TO CONNECT WITH OTHERS AND BUILD RELATIONSHIPS.
- 7) SELECT AND UTILIZE ADVENTURE PLAY THERAPY TECHNIQUES TO INCREASE CLIENTS' ABILITY TO EFFECTIVELY COMMUNICATE AND RESOLVE CONFLICTS.
- 8) SELECT AND UTILIZE ADVENTURE PLAY THERAPY TECHNIQUES TO INCREASE CLIENT'S SENSE OF SELF-WORTH AND SELF-CONFIDENCE.
- 9) SELECT AND UTILIZE ADVENTURE PLAY THERAPY TECHNIQUES TO INCREASE CLIENT'S ABILITY TO COMMUNICATE THEIR THOUGHTS AND FEELINGS.
- 10) USE ADVENTURE THERAPY PLAY TECHNIQUES IN TREATMENT PLANNING FOR INDIVIDUAL CLIENTS AND GROUPS.
- 11) USE ADVENTURE THERAPY PLAY TECHNIQUES IN TREATMENT PLANNING FOR GROUPS.
- 12) IDENTIFY WAYS TO EFFECTIVELY ENGAGE PARENTS AND FAMILIES IN ADVENTURE PLAY ACTIVITIES.

TICKETS



QUESTIONS?
EMAIL
MAIL@AKAPT.ORG



APT Approved Provider 12-329

Cancellation/Refunds granted one week prior to event.

DESCRIPTION:

BE PREPARED FOR FUN WHILE LEARNING ADVENTURE-BASED PLAY THERAPY TECHNIQUES TO HELP CLIENTS GAIN A SENSE OF BELONGING AND POSITIVE IDENTITY, INCREASE SELF-ESTEEM, BUILD RELATIONSHIPS, REGULATE EMOTIONS, AND LEARN TO SHARE POWER. IN THIS EXPERIENTIAL WORKSHOP, YOU WILL ALSO LEARN STRATEGIES FOR HELPING FAMILIES OF FAMILIES IMPROVE COMMUNICATION AND FACILITATE HEALTHY PATTERNS OF INTERACTION.



AGENDA

Day 1:

9:00-10:30 Explore and understand a model of adventure play therapy.

10:30-10:45 Break

10:45-12:15 Adlerian theoretical constructs, conceptualize clients and plan interventions.

12:15-1:15. Lunch

1:15-2:45. Explore selecting and sequences adventure play activities.

2:45-3:00. Break

3:00-4:30 Explore how to lead and process adventure play activities.

Day 2:

9:00-10:30 Understanding adventure play techniques benefits.

10:30-10:45 Break

10:45-12:15 Understanding adventure play techniques application to the individual.

12:15-1:15 Lunch

1:15-2:45 Application of techniques for treatment planning, individual and groups.

2:45-3:00. Break

3:00-4:30 Explore how to effectively engage parents and families.



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